



RIVER VALLEY HS FCA CLIPBOARD



VOLUME 7

APRIL 2006

ISSUE 13

Dear Vikes,

In the 1984 Summer Olympics, Carl Lewis won four gold medals. But his great performance was criticized because people felt that he had held back and didn't give his all in the long jump. Instead of going for a world record, he stopped competing after his first jump, knowing that he'd won first place and a gold medal. In his response to the criticism, Carl said that the Olympic trials had taken more out of him than he'd expected, so he decided to save his strength. He explained that he was there to win gold medals - not to set records that would probably last only a short time. So rather than risking injury or overexertion, he conserved his energy and went for the gold in his other events.

Lewis' decision is a reminder of an emphasis made in the Word of God. The Scriptures tell us that we must make choices about what we are going to do. We must use our time and energy for actions that have lasting value. The Christians in the church at Laodicea (Revelation 3:14-22) failed to do this. The Lord saw that their values were misplaced, for they took pride in their riches and self-sufficiency. So He told them that they had become lukewarm spiritually and were no longer relying on God. They had to decide - would they keep pursuing worldly things that didn't last or would they go for the eternal gold of God's approval?



NEED TO TALK?

CALL COACH STREET

360-3354

OR

E-MAIL

streetfca@hotmail.com

That's the challenge we face today. Our task is not to get into the Guinness Book of World Records. Our purpose is to win gold that will last forever.

Upward bound,
Coach Pat Street



GOD'S COACHING TIP:

YOU CAN'T LOSE IF YOU
STAY WITH GOD'S GAME PLAN!

In Psalm 37, the Lord is saying, in effect, "Do what's right and trust Me. Regardless of how badly you may seem to be losing, just do My will and leave the outcome to Me. I'll make sure that eventually you'll be the winner." This is a strategy will not only keep you from beating yourself, it will lead to glorious victory!

GRIP, STANCE, AND FOLLOW-THROUGH

There are three essentials to the game of golf. Each parallels the meaning and purpose of the Christian life.

The first essential is the **grip**, how the golfer holds the club. If the starting point, the grip, is bad, the golfer's entire game will suffer. The first step of getting a grip on life is to be born again through faith in Jesus Christ (John 3:16).

Next is the **stance**. The way a golfer addresses the ball determines the success of his shots. If his stance is crooked, he will get into trouble. In the Christian life, the stance, is likened to our daily walk. If we take the right stance, denying sin and committing ourselves to obey Christ, we will know God's pleasure and blessing (Romans 12:1-2).

Third, a golfer must have a strong **follow-through**. If it is short or weak, his shots will not be long or accurate. Likewise, a Christian is to follow through on his or her commitment to the Lord. We are not to become discouraged but to continue fighting the good fight of faith (2 Timothy 4:7).

Every golfer knows the value of the correct grip, stance, and the proper follow-through. But we all need to remind ourselves of how important these elements are in the Christian life.

ONE LIFE TO LIVE FOR JESUS,
ONE LIFE TO DO MY PART,
ONE LIFE TO GIVE MY ALL
WITH A TOTALLY
SURRENDERED HEART.

TIME-OUT SPORTS MINISTRIES

Check Out the new website

www.timeoutsports.org

