



RIVER VALLEY HS
FCA CLIPBOARD



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NEVER
FEAR
CRITICISM
WHEN
YOU'RE
RIGHT;
NEVER
IGNORE
IT
WHEN
YOU'RE
WRONG!

Dear Vikes,

"A rebuke impresses a man of discernment
more than a hundred lashes a fool"

-Proverbs 17:10

It's been my experience that criticism is always difficult to accept, but if I receive it with humility and desire to improve my character it can be very helpful. According to Proverbs 17:10, only a fool doesn't profit when rebuked for his mistakes.

Some time ago I read an article about criticism and that said when you're criticized you ought to ask yourself whether the criticism has any truth to it and if it does, then learn from it, even when it's given with the wrong motive and spirit.

The article gave four suggestions: **First**, commit the matter to God, asking Him to remove all resentment on your part and teach you the needed lesson. **Second**, remember that you are a sinner and that the one who has criticized you doesn't begin to know all there is about you. **Third**, if you have made a mistake or committed a sin, humbly confess it to the Lord and to anyone you might have hurt. **Fourth**, be willing to learn, be coachable, you're not infallible, you need God's grace and wisdom every day to keep you running the race He has set out for you.

Do you find yourself making excuses when you're criticized? Shed the facade and face reality. Excuses are the losers' way out. They will mar your credibility and stunt your personal growth, accept what's true and act on it. Become a stronger person, be wise, profit from criticism.

Upward bound,
Coach Street



NEED TO TALK?

CALL COACH STREET

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"LOSING IT!"

"Better a patient man than a warrior, a man who controls his temper than one who takes a city" -Proverbs 16:32

One thing I learned, early on, about soccer, while watching my kids play, was that they're usually not high-scoring matches. Sure, the teams run up and down the field kicking, dribbling, and passing the ball all over the place and yet the scoreboard just doesn't light-up much.

Well, I heard of a soccer match where the final score was 149-0. That's right, according to the news reports, the high-scoring game was the result of a coach losing it during an argument with a referee. Because of what he thought was bad officiating, the coach told his team to kick the ball into their own net each time the ball was put in play.

After the final whistle, the soccer league suspended several players for the remainder of the season and the coach was suspended for 3 years.

You know the coach could have had a legitimate complaint about the way the referee was calling the match, but what do you think of his reaction? I think it was pretty much over-the-top, don't you? He got everybody's attention, but he hurt his players, himself, and the fans.

Anger can get you into a lot of trouble. Chances are you've "lost it" a time or two . . . just as I have . . . and I always wish I could take back something I said or did. When you lose control, you tend to sight of what is really important in life. You lose self-respect and the respect of others. You lose a whole lot more than just a game.

Proverbs 16 says, "Better a patient man than a warrior, a man who controls his temper than one who takes a city" (vs. 32). You see, God's more pleased by someone who has learned self-control than by someone who can control others. So, the next time you feel like you're "losing it" - give it to the Lord and ask for His help. That way you can't lose!



TIME-OUT SPORTS MINISTRIES BOARD OF DIRECTORS

(L to R) Brent Rowland, Jim McGuire, Roger Ruth and John Chapman - pray for the these men and for Time-Out Sports that the Lord will open the doors to reach many for Christ.



WHEN A PERSON'S TEMPER GETS THE BEST OF HIM, IT REVEALS THE WORST IN HIM!

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